

OCTOBER 2022 | ERASMUS+ TRAINING COURSE

WHAT'S NORMAL?

IT'S HAPPENING

FACILITATION WITH DIVERSE ABILITIES

Learn how to design and implement leisure and non-formal education activities for children, adolescents and youth with diverse abilities

TOLEDO 2022

1ST TO 8TH OF OCTOBER

In this number:

Spain, France, Moldova, Ukraine,
Portugal, Slovenia and Malta



Editors note. This month...

The project. Objectives

Society is moving towards increasingly inclusive models of participation, training and work, mainly regarding people with functional diversity. Adaptations to generate more accessible spaces, from physical point of view, they are increasing, respecting European regulations in terms of accessibility. But what happens in the field of youth, non-formal education, leisure? It remains in the hands of the associations and entities offer training to youth workers, in the good will to train professionals in this ambit. That is why, from Arkhe, an association aware of and familiar with the need to have youth professionals trained in inclusion and accessibility, proposes this training course, in collaboration with Youth ID, ODTIZ, Millenium, PRISMS, Lilas and Vzayemopomich, with the main purpose of generating models of participation and leisure for children and youth with a focus on Human Rights

Promote the Convention on the Rights of Persons with Disabilities as Human Rights developing the concepts of inclusion, accessibility and universal design.

Promote the inclusion of those with diverse abilities in youth work, leisure and non-formal education actions through accesible methods

To equip participants with tools, knowledge and resources to make effective the inclusion of those with diverse abilities in their activities



What's normal? 2022

Participants profile

+18 years
young

Being aware of
the learning
process in non-
formal education
environments.

Beign active in youth
work

Or being interested on start to work
with youngsters.

&

Interested on devoloping activities
with
young people with diverse abilities.

Able to transfer
the knowledge
acquired in their
organisations

*We strongly encourage
those with diverse abilities
to apply for this
activity

*Just Slovenia and Spain requested budget for assistants. Budget for inclusion support is available for France, Slovenia, Malta and Ukraine.

What's normal? 2022

PLACES TO VISIT: Toledo

Toledo is a town located 1 hour by bus from Madrid. The old city is surrounded by Tagus River and it was declared World Heritage Site by UNESCO in 1986. You will discover more about the town in October. San Servando Youth Regional Hostel is housed in a medieval castle, placed five minutes from the city center. It has 25 double and 10 four beds en-suite rooms, lunch, cafeteria, sitting room, TV lounge, swimming pool, assembly hall, meeting rooms and areas of beautiful gardens overlooking a splendid landscape of the valley of the Tagus River.

<http://juventud.jccm.es/sanservando/en/index.html>

The hostel provide the bedsits but not the towels, so don't forget to bring your own.



San Servando Castle view from the old town

Panoramic view of Toledo from Tagus Valley



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How to get there?

When you arrive at Madrid airport you have different options, depends of your choice, bus (5,50€) or train (13,10€).

If you want to come by bus:

- The easiest way is take the underground in Madrid Barajas Airport, line 8, pink color, to "Nuevos Ministerios" and there take the line 6, grey color, to "Plaza Elíptica", there take the bus to Toledo, there are direct buses every hour. The trip from Madrid to Toledo will take one hour aprox.

For Metro you'll need to buy a card, you can use that one for all of you (don't buy one per person)

If you prefer to travel by train:

- From T4 in the airport take a train "Cercanías Renfe" (if you arrive in a different terminal you can take the inter terminals bus for free) to Atocha station, once there take a train to Toledo. This is the fastest way to reach Toledo, just 30 minutes, but also the most expensive. There is also a bus, driving you directly from the airport to Atocha station, but is also more expensive than the Cercanías train.

Both ways, train or bus, there is a limit of wheelchair spaces. Keep this in mind. If more that one wheelchair user is coming together, you will provably travel at different times

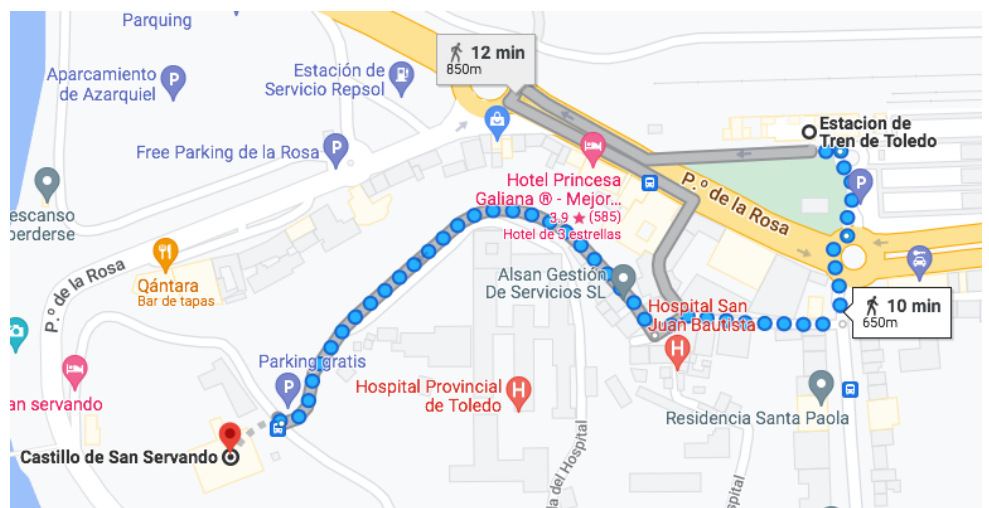
Once in Toledo, you can easily get in the castle after 15 minutes walking.



Arriving at the bus station in Toledo you will see the castle looking up and left. Is very easy to walk from the station to the venue. But the last part is really steep, so take your time



From the train station is even more steep... maybe you feel like taking a taxi? wheelchair users, let us know in advance, to book you an accesible taxi.



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Budget and number of participants

Country	Participants	Support	Green travel	Travel days	€/person
Spain	5	1	-	1	23€
France	3	1	yes	2	320€
Slovenia	3	2	yes	4	320€
Moldova	3	-	-	2	360€
Malta	3	-	-	2	275€
Portugal	3	-	yes	2	210€
Ukraine	3	-	-	2	530€

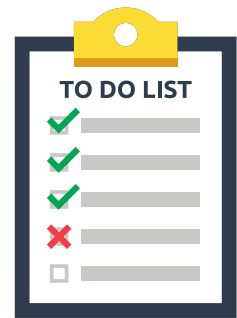
This travel expenses include only public transport, private car or taxi will be not accepted (there might be some exceptions that must be checked with us in advance). Before buying your tickets check it with us; traveling two days earlier or later is allowed, but not longer than 2 days will be accepted for reimbursement. Arriving later than 1st or leaving earlier than 8th is not allowed.

For the reimbursement is mandatory to send us all proof of payments of bus, train and/or flights. Also, will be mandatory to provided original boarding passes (screenshots are not allowed) and/or bus and train tickets, paper or digital. Full participation in all the activities is mandatory in order to have the reimbursement of the travel expenses. The reimbursement will done after participants filling the participants report.

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What to bring?

- ☐ Towels.....
- ☐
- ☐ Comfortable clothes and shoes.....
- ☐
- ☐ Clothes for any season (in Toledo, who knows?).....
- ☐
- ☐ All your travel documents (originals).....
- ☐
- ☐ Your own toiletries.....
- ☐
- ☐ If you are up for an intercultural evening...
something to present your culture/country.....
- ☐
- ☐



What's normal? 2022

The programme

2	3	4	5	6	7
Welcome braking the ice	World caffè CRPD	Words matter	Learning labs	Learning labs	Learning river
Initial evaluation	Defining inclusion & accessibility	Living library	Learning labs	Learning labs	Time line
Team building	Universal design	Urban meditation	Learning labs	Learning labs	Future projects
Youthpass & reflect	Labels	Urban meditation	Learning labs	Feedback	Final evaluation
Cosy groups	Cosy groups	Cosy groups	Cosy groups	Cosy groups	Free
Your choice evening	Your choice evening	Your choice evening	Your choice evening	Your choice evening	cry me a river party

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- This programme might change, it will depend on participants and their needs and expectations regarding their learning.
 - Non-formal education needs full attention and active participation from learners, be open, be flexible, and trust the process.
 - Breakfast, lunch, dinner and two coffee breaks are included.
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People to follow

This two, Viki and Chuty, will be the facilitators of this experience



Chuty works as trainer for youth workers, basing these trainings in the responsibility with Children rights in youth work, promoting the inclusion of children and youngsters with different abilities in leisure as well. Nowadays works in access to high quality education for children in social exclusion risk in collaboration with the school teams, under the framework of community work.

Viki studied Spanish Sign Language Interpretation. Working granting the rights of deaf people lead her to develop more inclusive approaches in different learning spaces. Nowadays she works as a freelance trainer with a very special focus in Human Rights, is a project manager in Arkhe, promoting youth participation, especially for those in social exclusion risk, an

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With the support of:



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Cover photo: model Barbara Samperl, taken by Amadeja Smrekar, in Yoga Yama

Toledo, July 2022