




Experiential Learning for Inclusion

EXIT 2.0

"A mind that is stretched by a new experience can never go back to its old dimensions." Oliver Wendell Holmes, Jr

Training Course



Campamento El Piélago,
Navamorcuende, Toledo, Spain
12-19 April, 2023.



Co-funded by the
Erasmus+ Programme
of the European Union





EXIT challenges

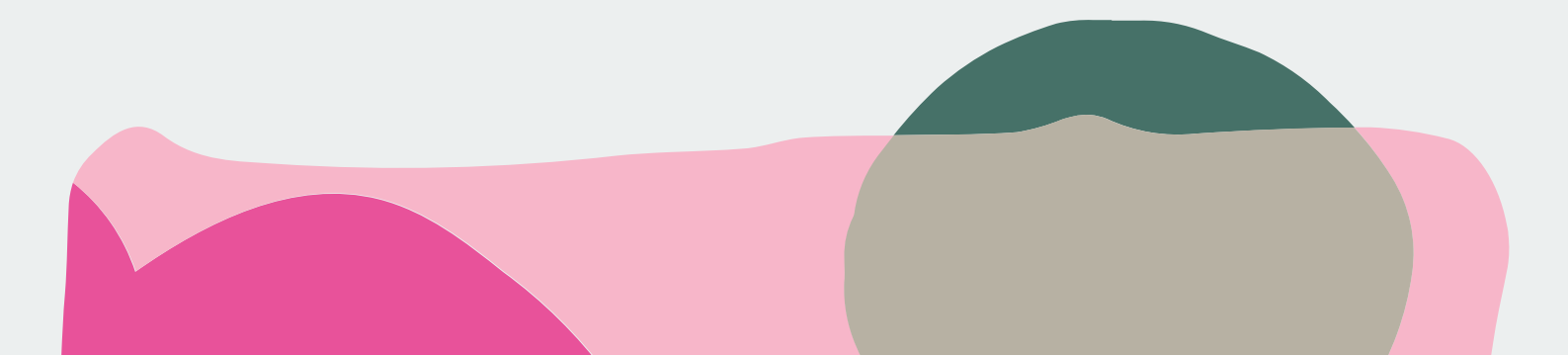
EXIT 2.0 is a training course that aims to introduce, practice and discover innovative **experiential learning** methods under the framework of **universal design**.

Our objectives are to

- Discover innovative educational methods in the field of experiential learning for inclusion, exploring intersections of facilitation of experiential learning activities through outdoor activities, body work and creative methods etc.
- Develop the competencies of the participants based on the role of facilitator of experiential learning, while exchanging the best educational practices among the participants.
- Train participants on how to create accessible activities for each target group according to the principles of universal design.
- Allow participants to put experiential learning methods into practice through follow-up activities

With our EXIT training, we want to

equip youth workers, trainers and other professionals working with young people, with hands-on methods and tools to help young people EXIT these challenges.



What can you expect?

Experiential learning

The process whereby knowledge is created through the transformation of experience. Knowledge results from the combinations of grasping and transforming the experience. The experiential theory proposed by Kolb takes a more holistic approach and emphasizes how experiences, including cognition, environmental factors, and emotions, influence the learning process.



Universal design

Universal design for learning (UDL) is a teaching approach that works to accommodate the needs and abilities of all learners and eliminates unnecessary hurdles in the learning process.

Inclusion

Nowadays, having an inclusive approach in youth work is essential for those with diverse abilities and/or in social exclusion risk

Practice

Will be passed through the participants own experience that we will immediately put in practice.

Reflection on the trainers competencies

The reflection process will be based in order to support the ETS competence European Youth Work framework.

Program

Arrivals day: 12th of April. Departures day: 19th of April

13.04.	14.04.	15.04.	16.04.	17.04.	18.04.
Grounding	Sensations workshop	Experiential theatre	Me as a youth worker	CTS Exp. Trainer: communication	Projects Lab
Building a group	Importance of reviewing	Experiential theatre	Programme design workshop	Open space	Harvesting learnings
Building a group	Group dynamic. The rescue	Experiential theatre	Free afternoon	Open space	Youthpass
ETS Competences map Youthpass	Experiential learning and inclusion	Walk and talk	Free afternoon	Open space	Final evaluation
Reflection time	Reflection time	Reflection time		Reflection time	Packing and farewell

At participants arrival, on 12th of April, a first contact and welcome evening will be held after dinner. Everyday there will be 2 coffee breaks and a 2 hours break for lunch and *siesta*. Evenings are to be organised by participants, but there will not be mandatory activities planned by the trainers.

On 19th of April, after breakfast, the bus will pick up participants to the airport.

Profile of participants

We are looking for you, if you are...

Over 21 years old with experience in working with young people, being fully available for the period of the training course and able to communicate in English. Youth workers, or professionals in the field of training and education (youth leaders, teachers, volunteers, coaches...), who work with young people in social exclusion risk, and wish to implement new working methods into their work. Wish to refresh their methodological tool case in the field of experiential learning while reflecting on their own learning goals and competencies as trainers and facilitators in the youth field. Being aware about non formal educational methodologies and processes and the concept of experiential learning.



Venue and practical arrangements

Financial conditions

Country	Participants	Support	Green travel	€/person
Spain	3+2 trainers	1	-	23€
Croatia	3	-	-	275€
Estonia	3	-	-	360€
Hungary	3+1 trainer	1	yes	320€
Latvia	3	-	-	360€
Portugal	3	-	yes	210€
Turkey	3	-	-	530€
Ukraine	3	-	-	530€

30€ per person will be reduce for buses costs. The travel expenses include only public transport, 2nd class. Before buying your tickets check it with us; traveling two days earlier or later is allowed, but not longer than 2 days will be accepted for reimbursement. For the reimbursement is mandatory to send us all proof of payments of bus, train and/or flights. Also, will be mandatory to provided original boarding passes and/or bus and train tickets, paper or digital (screenshots are not allowed). Full participation in all the activities is mandatory in order to have the reimbursement of the travel expenses.

The reimbursement will be done after participants filling the participants report.

Visa cost for Turkish participants covered up to 150€ per person. Mandatory to provide proof of payment.

Participation fee



This activity has a participation fee, this can be:

- Reduced: 30€ or
- Solidarity: 50€

With this money will be abler to cover some extra cost and provide you with a better experience and extra activities.

The venue - El Piélago

We will be hosted in the Camping "El Piélago" (Toledo) <http://www.campamentoelpielago.com/el-pielago/nuestras-instalaciones.html> in cabins of 4 people. Three meals per day and two coffee breaks will be provided in the venue.

The place provide pillows and blankets, but not bedsheets, our recommendation is to bring a sleeping bag, can be also your own bed sheets, depends of your individual preferences. The cabins are well isolated and usually is not cold inside. The place does not provide towels or any kind of toiletries, bring your own.

Do not expect a fancy place, the camp offers all the facilities we need, but in a basic way.

Even is spring is already a nice time of the year, we will be in the mountains, we recommend you to bring comfortable and warm clothes and shoes (a second pair is recommended, in case it rains) and flip flops for the shower.



How to get there?

Airport - Madrid Barajas

The easiest choice is traveling by plane to Madrid Barajas Airport. Those traveling green can easily reach the airport by bus or underground.

A private transportation will be arranged from Madrid Barajas, T4, to drive you to the camp.

The planned departure time of the pickup is around 18:00 12th April.

On the departure day, a drop off will be organised to Madrid Barajas Airport T4, make sure your flight is departing after 14:00 on 19th of April.

There is no public transport to get close to the camp, so the departure times should be strictly considered.

According to the rules of the program, there is an opportunity to spend two extra days in Madrid before or after the project.

We kindly ask you to comply with the planned pickup.

More specific information will come directly to selected participants through email and the facebook group to which they will be invited to join.



What to bring?

- Comfortable and warm clothes and shoes.
- A raincoat or waterproof jacket.
- Hiking shoes (optional).
- Flip flops for the shower (recommended).
- Towels and your own toiletries.
- A torch for evening outdoors activities (optional).
- National food or products to share during the coffee breaks.
- Your European Health card.
- If you take any medication, take it with you.



Trainers Team

Katelijne Vandenbroucke



Kat is a Belgian youthworker, trainer & facilitator. Specialized in working with disadvantaged youth, coordinator of the training team of NGO LEJO. Studied social cultural work and adventure education, passionate about experiential learning and outdoor education.

Virginia Hernández

Viki is a youth worker, trainer, gardener, and passionate about the outdoors, hiking, and inclusion. Studied Spanish Sign Language interpretation, she devoted herself to that job for more than 15 years and now using all the experiences in her life to promoting a more inclusive youth work and activities, based on Universal Design.



Marina Luka



Marina is a Barcelona-based trainer and facilitator specializing in intercultural learning, art and inclusion, and storytelling.

Graduated in Aesthetics and International relations and works in the field of non-formal education in diverse collaborations. Founder of the NGO Puentes Hungary.



Stay in touch!

In case of any further question, please do not
hesitate to contact us at:
projects.arkhe@gmail.com

